

Diocese of Ogdensburg's

Healthy Families for a Hopeful Future

A program designed for North Country families



Contact: Michelle Martin, Family Support Coordinator

Office: Augustinian Academy

317 West St, Carthage, NY 13619

Call: 315-317-0105

Email: mmartin@rcdony.org

Office open during the school day and by appointment

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Tell me more about this program...

Healthy Families for a Hopeful Future:

- * *Is a free* and voluntary program
- * Promotes healthy, family lifestyles/choices
- * Offers information, resources, access to enhanced health, education and social well-being.

What do Family Support Coordinators do?

Family Support Coordinators:

- * Offer programs and activities that bring families together
- * Work with Catholic School Principal/parish personnel to support needs of families
- * Provide help with community services referral/access



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